

# Girls Day Out

## Saturday 6th September 2025

**All Morning, Double Session**

**9:30am – 12.45pm**

### **Organic Garden Ramble through a bit of this and bit of that**

Hadassah shares her garden that is always a work in progress, sometimes very messy and chaotic in what she considers a fun and naturalistic way. She tries to do things as organically as possible; having pet ducks that serve as pest control, natural fertilizer and great entertainment. She tries to use and reuse whatever possible, and likes to be creative with it. She has had a fair share of frustrations and failures but always marvel at how much still works wonderfully and all she did was put it in the ground and it did the rest. So come marvel & ramble with Hadassah if this sounds a bit of you.

**Bring** a water bottle, good shoes, a hat or umbrella.

10 people

### **Morning Session #1**

**9:30am – 11.00am**

### **The Power of Colour**

Discover how colour can transform your look, your presence, and even your confidence. In this interactive session led by Pensy, we'll explore warm vs. cool tones, how hair colour influences your palette, and which shades make you shine. Using visuals and live demonstrations with audience volunteers, you'll see how to choose colours that flatter you most and bring your natural beauty to life. Get ready to see colour in a whole new way — and to start using it with purpose!

Unlimited

### **Zumba Class**

Get ready to dance your way to fitness! Zumba is a Latin-inspired dance workout that combines cardio, muscle conditioning, balance, and flexibility. This keeps us moving and balanced. This fun and dynamic class features easy-to-follow choreography set to upbeat music from around the world. Whether you're a beginner or a seasoned dancer, Zumba offers a total body workout that feels more like a party than exercise. Suitable for all fitness levels and no dance experience required. **Bring** water, wear comfortable workout clothes, and get ready to shake it.

Unlimited

### **Snuggle Blanket**

Learn an easy way to turn 2 squares of flannelette fabric into a baby's snuggle blanket or throw. By using 2 co-ordinating fabrics you end up with a lovely blanket with mitred corners. We will have a selection of fabrics to choose from or discuss requirements with Rosanne. **Bring** your own sewing machine and sewing items (scissors, pins etc)

6 people

### **Beauty Tips and Tricks for all Ages**

Come and learn from Desre how to apply age-appropriate make-up and choose the right products for your skin type and condition. Learn a few tricks that can change your life

12 people

### **Pebble Art**

Come and join Hilary as we create characters from humble little pebbles in picture frames. No experience required, just some imagination, and even there, we will have some ideas to inspire you. All materials provided, come along and have some fun.

10 people

### **Delicious Home Baking**

Tired of your same old recipes. Learn some great new recipes and home baking skills with our very own Ellen. All ingredients will be provided, and bonus is you get to take your creation home.

**Bring** an empty container for your baking.

8 people

### **Freedom Crafting**

Do you have projects that remain "unfinished" or something that you want to do, but just haven't got around to doing.....well, here is a time that you can set aside to join with others in the same boat. Bring along your project and we can have fun as we do it together.

## Girls Day Out continued 2025

### Morning Session #2

11:15am – 12.45pm

#### Style Secrets for Every Body Shape

Your personal style should feel effortless — and fit you beautifully. In this engaging session, we'll cover the main body shapes, how to dress for your proportions, and practical style tips for everyday life. Pensy will share live examples with audience members and guide you in discovering what works best for you.

*Bring along two pieces from your wardrobe that you rarely wear — we'll uncover why they're not working and how to make them shine again.* Unlimited

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#### Card Making

Who doesn't love receiving real handmade cards in the mail? Join Leonie in making 3 stunning personalised cards, 1 traditional Christmas card, 1 birthday card and a "blank" for your own purpose card. All materials supplied, just come along and enjoy creating. 10 people

#### Vintage Lace Table Runner

From those hidden and treasured lace doilies (that are in our drawers and cupboards) put them together creatively to make a vintage table runner. A selection of doilies will also be provided to choose from too.

*Bring a selection of round or oval lace doilies, matching thread, hand sewing needles, pins and scissors.* 6 people

#### Rock Wrapping

Rock-wrapping is an easy, accessible and beginner-friendly craft. Join with Sheryn to create 3 easy wrapped rocks using natural materials, for that stylist grouping on your coffee table or to give away. All items you need will be provided. 8 people

#### Barista Training

Raleigh Street Christian Centre has a brand new shiny coffee machine. Come and do an introductory course covering basic coffee making skills. 4 people

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